

URBAN GARDENING

The Urban Gardening Role in Improving of Adults' Skills and Community Growth

Krakowskie Centrum Zarzadzania i Administracji Sp. z o.o.

HELLAS FOR US

PRISM

Iniciativi za grajdansko obshtestvo

EPLFPA

Youth Eurasia

ACD LA HOYA



URBAN GARDENING

The Urban Gardening Role in Improving of Adults' Skills and Community Growth



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OTHER RESOURCES



URBAN GARDENING - The Urban Gardening Role in Improving of Adults' Skills and Community Growth

Project number: 2017-1-PL01-KA204-038330

Template for collecting the Resources

Partner: Youth Eurasia

No.	Title of the material	Author(s)	Country	Language	Link (if applicable)	Other bibliography data (Terms of use*)	Short description of the contents
1	American Community Gardening Association		USA	English	https://communitygarden.org		Usefull informations about community gardening and gardening events
2	Growing Urban Agriculture		USA	English	https://www.policylink.org/sites/default/files/URBAN_AG_FULLREPORT.PDF		A good research about growing agriculture gardens and shows how helps to people and world
3	Community Gardens: Lessons Learned From California Healthy Cities and Communities		USA	English	http://ajph.aphapublications.org/doi/pdf/10.2105/AJPH.93.9.1435		This study shows how community gardening help strengthening community skills.
4	Garden Based Learning	Kristin Stayer	USA	English	https://www.edutopia.org/blog/garden-based-learning-kristin-stayer		A nice article about garden-base learning
5	The benefits of gardening and food growing for health and wellbeing	Professor Tim Lang	UK	English	http://mtcafeteriacanada.ca/wp-content/uploads/2014/06/GrowingHealth_Benefits.pdf		Really nice study about benefits of the gardening to adults' health and wealth
6	An Exploration of the Potential Benefits of Healing Gardens on Veterans with PTSD	Michael L. Timmons	USA	English	https://digitalcommons.usu.edu/gradreports/50/		This study was to describe some of the potential benefits that healing gardens could have on veterans suffering from PTSD.
7	Urban Agriculture Toolkit- USDA	USDA	USA	English	https://www.usda.gov/sites/default/files/documents/urban-agriculture-toolkit.pdf		Toolkit for Urban Agriculture by United States Department of Agriculture

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Partner: ACD LA HOYA SPAIN

No.	Title of the material	Author(s)	Country	Language	Link (if applicable)	Other bibliography data (eg. year)	Terms of use*	Short description of the contents
1	Boom Time for Urban Farming	Tracie McMillan	USA	English	https://www.nationalgeographic.com/people-and-culture/food/the-plate/2016/05/usda-recognizes-urban-growers-as-farmers-not-hobbyists/	MAY 27, 2016		As more urban farms move towards commercial production, the U.S Department of Agriculture looks for ways to help them grow
2	Five Reasons To Promote Urban Agriculture in Your City	Paul Konz	USA	English	https://cityspeak.org/2015/05/07/five-reasons-why-you-should-be-promoting-urban-agriculture-in-your-city/	May 7, 2015		Ideas Why to promote the urban gardens
3	Urban Agriculture: A Literature Review	United States Department of Agriculture, Alternative Farming Systems Information Center, National Agricultural Library	Beltsville, MD	English	https://community-wealth.org/content/urban-agriculture-literature-review	Autumn 2006		A review of the academic literature and research that focus on the global phenomena of crop cultivation, livestock propagation and food product distribution in the urban context.
4	Urban Agriculture Tool Kit	United States Department of Agriculture	USA	English	https://www.usda.gov/sites/default/files/documents/urban-agriculture-toolkit.pdf	February 2016		The toolkit lays out the common operational elements that most urban farmers must consider as they start up or grow their operations. It also contains a special section on resources for developing indoor growing operations, such as aquaponic facilities.
5	Urban Grower's Manual	Amanda Cather	Lincoln and Roxbury, Massachusetts	English	http://thefoodproject.org/sites/default/files/FoodProject_UrbanAgManual.pdf	November 2003	Copyright 2008 by The Food Project, Inc. All rights reserved. No part of this book may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying recording, or by any information storage and retrieval system without the written permission of the publisher, The Food Project, Inc., except where permitted by law.	The manual will help you manage the three food lots effectively while engaging the groups of youth, community members and volunteers served by The Food Project in meaningful, productive work. It will introduce you to the depth and complexity of your task while providing some basic principles of farm systems and community relations.
6	Urban Farming guidebook	Real Estate Foundation of BC	City of Campbell River Canada	English	http://www.refbc.com/sites/default/files/Urban-Farming-Guidebook-2013.pdf	2013		Urban Farming Guidebook is written to help planners, engineers, and administrators from small and large communities to gain a better understanding of the potential, pitfalls, and best practices for growing, potentially raising, and selling food within town boundaries. Strategies and approaches outlined in this Guidebook provide local governments with tools to proactively plan for urban farming. This resource has been developed in collaboration and consultation with urban farmers, municipal staff, academics, and advocates.
7	Urban Farm Business Plan Handbook	US EPA	Chicago	English	https://www.epa.gov/sites/production/files/2011-09/urban-farm-business-plan-handbook.pdf	September 2011	All areas are approximate. Any reliance upon this material shall be without any liability or obligation on the part of Vita Nuova LLC, SRA International, or the U.S. EPA.	The Urban Farm Business Plan Handbook (this document) provides guidance for developing a business plan for the startup and operation of an urban farm. It focuses on food and non-food related cultivated agriculture. The information provided is applicable regardless of whether the farm is to be operated as a non-profit or for-profit business.

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Partner: EPLEFPA Toulouse

No.	Title of the material	Author(s)	Country	Language	Link (if applicable)	Other bibliography data	Terms of use*	Short description of the contents
1	Le jardin dans tous ses états / Garden in all his states		FR	FR	http://jardins-partages.org	2012		this site is managed by a group of ten regional, associative and cooperative structures. This network is an interlocutor recognized by the various official bodies, the source of many publications, training courses and meetings on the issue of shared gardens.
2	AGIR POUR LES AGRICULTEURS DES AIRES URBAINES /Acting for agricultur in urban areas	Plante&cité	FR	FR	https://www.plante-et-cite.fr	2017		the purpose of this guide is to characterize by example and the sharing of experiences what can be included in agriculture in urban areas to give keys to understanding and action at different territorial levels: from the fundamentals of the local project to the implementation of public policies for sustainable actions.
3	Jardins partagés : utopie, écologie, conseils pratiques	Frédérique Basset, Laurence Baudelet, Alice Le Roy	FR	FR	http://www.jardinsons-ensemble.org	2008		This book offers a national overview of shared gardens, ten years after the launch of the movement in France.
4	Etude exploratoire de l'impact des jardins partagés sur la cohésion sociale / Exploratory study of the impact of shared gardens on social cohesion	Pascal ANDRE Sophie RIGONDAUD	FR	FR	http://www.pleinsens.fr/sites/default/files/documents/Etude-Plein-Sens-jardins%20partages-et-cohesion-sociale_1.pdf	2014		investigation into the impacts of shared gardens on social cohesion - Analysis of findings
5	Les jardins partagés : interface entre nature et société / shared gardens: inteeerface between nature and society	Josselin ROUHIER	FR	FR		2016		This thesis presents the Toulouse shared garden "garden of the mini M": how can we create a shared garden to respond to the following question: how are shared gardens vectors of social ties?
6	Le jardin des possibles / the garden of possibilities	collectif réseau école et nature	FR	FR	http://reseauecoleetnature.org/system/files/livret_jdp-web_0.pdf	2010 - 2017	CC	toolkit for the projects of shared gardens. It specifies the key stages of a project set-up. 3 sets of reference sheets: methodological, pedagogical and ecological

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Partner: Hellas for Us

No.	Title of the material	Author(s)	Country	Language	Link (if applicable)	bibliography data (eg. year of publication)	Terms of use*	Short description of the contents
1	Digging for the roots of urban gardening behaviours	Olivia Lewis, Robert Home, Thanasis Kizos	Switzerland, Greece	English	https://www.sciencedirect.com/science/article/pii/S1618866717303783	2018		Impact of urban gardens
2	Why farm the city? Theorizing urban agriculture through a lens of metabolic rift	Nathan McClintock	USA	English	https://www.researchgate.net/publication/227464572	2010		Urban gardening and relevant policy
3	Urban agriculture, racial capitalism, and resistance in the settler-colonial city	Nathan McClintock	USA	English	https://www.researchgate.net/publication/325316431_Urban_agriculture_racial_capitalism_and_resistance_in_the_settler-colonial_city	2018		Urban gardening and economy
4	Rooftop Plant Production Systems in Urban Areas (Chapter 6)	Nadia Sabeh	USA	English	https://www.sciencedirect.com/science/article/pii/B9780128017753000068#	2016		Rooftop Plant Production Systems in Urban Areas
5	Small but powerful: The importance of French community gardens for residents	Ana Cristina Torres, Anne-Caroline Prévot, Sophie Nadot	France	English	https://www.sciencedirect.com/science/article/pii/S0169204618307382	2018		Benefits of urban gardens
6	Urban agriculture: opportunities and constraints	K.Ackerman	USA	English	https://www.sciencedirect.com/science/article/pii/B9780857090461500072#	2012		Opportunities and constraints
7	Urban ecology	Sandy Halliday	USA	English	https://www.sciencedirect.com/science/article/pii/B9780750663946500199#	2008		Urban ecology
8	Civic greening and environmental learning in public access community gardens in Berlin	Pim Bendt, Stephan Barthel, Johan Colding	Germany	English	https://www.sciencedirect.com/science/article/pii/S0169204612002745	2013		Environmental learning
9	Therapeutic Landscapes	Clare Cooper Marcus	USA	English	https://www.sciencedirect.com/science/article/pii/B9780128114810000158#	2018		Urban gardening and its effect on health
10	Residential landscapes—Garden design, urban planning and social formation in Belgium	Bruno Notteboom	Belgium	English	https://www.sciencedirect.com/science/article/pii/S1618866716304137	2018		Urban planning
11	Integrating community gardens into urban parks: Lessons in planning, design and partnership from Seattle	Jeffrey Hou, David Grohmann	USA	English	https://www.sciencedirect.com/science/article/pii/S1618866717306805	2018		Planning and design
12	Constructing community gardens? Residents' attitude and behaviour towards edible landscapes in emerging urban communities of China	Baojie He, Jin Zhu	China	English	https://www.sciencedirect.com/science/article/pii/S1618866718301444	2018		Behaviour analysis
13	Fruit and Vegetable Intake among Urban Community Gardeners	Katherine Alaimo	USA	English	https://www.sciencedirect.com/science/article/pii/S1499404606008542#	2008		Distribution of the fruits and analysis
14	Comparative study on the motivations that drive urban community gardens in Central Eastern Europe	Nikola M.Trendov	Hungary	English	https://www.sciencedirect.com/science/article/pii/S1512188718300344#	2018		Investigation on the motivation for making community gardens

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Partner: PRISM - Promozione Internazionale Sicilia -Mondo								
No.	Title of the material	Author(s)	Country	Language	Link (if applicable)	Other bibliography data (eg. year of publication)	Terms of use*	Short description of the contents
1	How to use urban garden as a tool for youth work	CESIE	Italy	EN	http://cesie.org/media/oe-place.pdf	2016	Free	The booklet targets young worker and organisation dealing with youth and eager to use urban gardening as an educational tool.
2	6 Urban Garden Projects That Will Blow Your Mind	Daily Planet	Global	EN	https://dailyplanet.climate-kic.org/6-urban-garden-projects-that-will-blow-your-mind/	2016	Free	An article about urban garden projects that are not to be missed: from secret rooftop gardens to smart trees that suck up air pollution.
3	REUSING POTENTIALLY CONTAMINATED LANDSCAPES: Growing Gardens in Urban Soils	EPA - United States Environmental Protection Agency	USA	EN	https://www.epa.gov/sites/production/files/2014-03/documents/urban_gardening_fina_fact_sheet.pdf	2011	Free	Providing communities and individuals with general urban gardening information about: Common contaminants that can be found in urban soil; Ways to identify contaminants and reduce exposure; Improving soils and growing plants in mildly contaminated soil; Additional resources and technical assistance.
4	Tales from Urban Forests	American Forests	USA	EN	http://www.talesfromurbanforests.org/	Ongoing	Free	Tales from Urban Forests, a radio documentary series, explores the critical role trees play in the vitality of cities and their residents. The highlights local issues that are relevant to every community — from environmental and economic, to health and quality of life.
5	Urban Grower's Manual - The Food Project	Lincoln and Roxbury, Massachusetts	USA	EN	http://thefoodproject.org/sites/default/files/FoodProject_UrbanAgManual.pdf	2003	Free	Resources for a thoughtful and productive community of youth and adults from diverse backgrounds who work together to build a sustainable food system.
6	Sustainable Community Gardening in cities - Hortis	Hortis – Horticulture in towns for inclusion and socialisation	EU	EN	http://www.hortis-europe.net/files/documenti/inglese/final-e-books/hortisebook1en.pdf	2012	Free	Covering different topics such as Sustainable Community Gardening in Cities (e-book 1), Sustainable Urban Garden Management (e-book 2), Urban Garden Cultivation Systems (e-book 3), Simplified Soilless Systems for Urban Vegetable Production (e-book 4) and Zero km Agriculture: An urban consumer's manual (e-book 5)
7	Urban Agriculture Tool Kit - USDA	USDA	USA	EN	https://www.usda.gov/sites/default/files/documents/urban-agriculture-toolkit.pdf	2016	Free	The toolkit lays out the common operational elements that most urban farmers must consider as they start up or grow their operations. It also contains a special section on resources for developing indoor growing operations, such as aquaponic facilities
8	Urban Gardeners' Motivations in a Metropolitan City: The Case of Milan	Department of Agricultural and Environmental Science, University of Milan,	Italy	EN	www.mdpi.com/2071-1050/8/11/1099/pdf	2016	Free	The paper aims to detect some peculiar features of Milan city gardeners, in order to highlight the motivations of their activity through an innovative and replicable approach based on multiple correspondence analysis (MCA) and hierarchical clustering analysis (HCA).



9	Community Gardens	Vanessa N Lee	USA	EN	http://depts.washington.edu/open2100/pdf/2_OpenSpace_Types/Openspace_Types/cgarden_typology.pdf	1992	Free	Definition and key terms related to urban and community gardens.
10	Urban Gardening in European Cities - Urban Allotment Gardens	University of Salzburg, Department of Geography (Urban and Landscape Ecology)	UK	EN	http://www.urbanallotments.eu/fileadmin/uag/media/STSM/Short_Report_STSM_2014_PLE_SCHBERGER.pdf	2014	Free	The study shows the locations of urban gardens in UK and how important various motives are to practice urban community gardening and which motives are the most relevant ones.
11	Urban gardens provide many ecosystem services to Barcelona residents	European Commission	EU	EN	http://ec.europa.eu/environment/integration/research/newsalert/pdf/urban_gardens_provide_ess_barcelona_residents_467na2_en.pdf	2016	Free	Urban gardeners in Barcelona, Spain, identified 20 ecosystem service benefits, from pollination to environmental learning, in a recent study. Cultural ecosystem services — mainly related to the opportunity for residents to interact with nature — were the most common and highly valued of the ecosystem services identified.
12	HOW TO DEVELOP URBAN GARDENS AS LEARNING SPACES?	COST (European Cooperation in Science and Technology)	EU	EN	http://www.kolonihager.no/uploads/5/4/7/4/54746459/07_how_to_develop_urban_gardens_as_learning_spaces.pdf	2016	Free	This factsheet provides information for allotment and community gardeners about how to support learning processes and facilitate the dissemination of skills and knowledge between gardeners.

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1	Residential landscapes—Garden design, urban planning and social formation in Belgium	Bruno Notteboom	Belgium	English	https://core.ac.uk/download/pdf/153426969.pdf	20/02/2017	ScienceDirect	This paper aims at providing a historical understanding of the role of gardens and green spaces in urbanization and urban planning, as well as in processes of social formation and social mobility that took place on the background of a changing spatial, socio-economical and political context in Belgium
2	Райска градина сътвориха пред блока на жилищен район "Тракия" в Пловдив	Radko Paunov	Bulgaria	Bulgarian	https://www.24chasa.bg/region/articles/6255006	01/06/2017	© www.24chasa.bg	Paradise garden was created by the residents of the "Trakiya" neighbourhood in Plovdiv
3	New Urban Farming initiative	n/a	Denmark	English	https://food.ku.dk/english/news/2018/new-urban-farming-initiative/	19/03/2018	Department of Food Science (FOOD) University of Copenhagen	URBAN FARMING 5 institutes at the Faculty of Science at the University of Copenhagen has identified research areas with relevance to Urban Farming and have joined forces to create an Urban Farming Science profile.
4	Вълшебницата, която превърна бетона в градина	Milena Dimova	Bulgaria	Bulgarian	http://old.segabg.com/article.php?id=861868	05/06/2017	СЕГА АД	The "magician" who turned the concrete into a garden. Among the rush of the metropolitan city there is a colorful oasis. The space around block 230 in the Borovo neighborhood, Sofia.
5	85-годишен мъж поддържа цветна градинка пред блока	БНТ2-Пловдив	Bulgaria	Bulgarian	http://news.bnt.bg/bg/a/85-godishen-mzh-poddrzha-tsvetna-gradinka-pred-bloka	17/09/2017	© БНТ	An attractive garden enjoys passers-by and the inhabitants of several panel blocks in the center of Plovdiv. A 85-year-old man cares for the garden for decades.
6	РУСЕ: ВИЖТЕ КАК МЛАДО СЕМЕЙСТВО РАЗКРАСИ ПРЕД БЛОКА С ДЕКОРАТИВЕН ЗООКЪТ	n/a	Bulgaria	Bulgarian	http://www.briag.bg/ruse-vijte-kak-mlado-semeistvo-razkrasi-pred-bloka-s-	23/04/2018	© 2014 Briag News	RUSE: SEE HOW A YOUNG FAMILY DECORATES BEFORE BLOCK WITH DECORATIVE ZOO
7	Явлението "Зеленчукова градина пред блока"	Iva Miloradova	Bulgaria	Bulgarian	https://www.bnt.bg/bg/a/vavlenieto-zelenchukova-gradina-pred-bloka	19/05/2014	© Българската национална телевизия	The phenomenon "Vegetable garden in front of the block". Urban farming is becoming more and more popular in the capital. Enthusiasts, united online, plant fruit, vegetables, spices and herbs in the city. The phenomenon "Vegetable garden in front of the block" is already a fact in many places in Sofia.
8	Варненски район раздаде награди за цветни градинки	Juliet Tsvetkova	Bulgaria	Bulgarian	http://www.kmeta.bg/varnenski-raion-razdade-nagradi-za-cvetni-gradinki	22/05/2017	Copyright © 2017 KMETA.bg	Varna district gave awards for flower gardens. The "Colorful and Created with Love" competition was announced by the district administration, and the candidates were judged by a jury, including environmentalists and gardening experts.
9	Наградиха с мотики пловдивани за изрядни градинки пред блока	Radko Genov	Bulgaria	Bulgarian	https://www.24chasa.bg/Article/5552279	03/06/2016	© www.24chasa.bg	Honored with hoes were residents from Plovdiv for immaculate gardens in front of the block.
10	Градина пред блока с пари от общината	n/a	Bulgaria	Bulgarian	http://standartnews.com/balgariva-obshtestvo/gradina-pred-bloka-s-para-ot-obshтината-371854.html	22/05/2018	Copyright © http://standartnews.com	New gardens between the blocks will enjoy the neighbors if they are organized and apply for the "Green Sofia" Program of Sofia Municipality. It aims to renovate the inter-block spaces.



11	Проект Образователна градинка в Студентски град.	сдружение „Щастливеца	Bulgaria	Bulgarian	http://placeforfuture.org/?p=1514	n/a	Free	Project "Educational garden" in Studentski grad, Sofia. The idea is to create a green corner for rest, walking, playing children and meeting people.
12	Best Practices for Healthy Urban Gardens	n/a	Canada	English	http://www.compost.bc.ca/wp-content/uploads/2016/09/Best-Practices-for-Urban-Gardens-Fact-Sheet.pdf		www.compost.bc.ca/healing-city-soils	Urban soils can sometimes contain heavy metals and other contaminants that can get into our veggies and fruits and have health risks.
13	Най-подходящите цветя и храсти за градина пред блока	ИМОТИ ДОВЕРИЕ	Bulgaria	Bulgarian	http://www.blog.imotidoverie.bg/2016/05/naj-podhodiashtite-rastenia-za-gradina-pred-bloka/	04/05/2016	Блог на Имоти Доверие © 2018	The most suitable flowers and shrubs for garden in front of the block. Engineer-agronomist Tsveta Petrova tells you which are the most suitable flowers and shrubs for a garden in front of the block / house.
14	How to use urban garden as a tool for youth work	project PLAnting CitiEs	Italy and Slovenia Nepal, India and China	English	http://cesie.org/media/OER-PLACE.pdf	n/a	Free	Models of urban gardens – Select the best for your community; Step by step – how to start a garden from scratch!
15	BEST PRACTICES IN URBAN AGRICULTURE	Kamloops Food Policy Council	Canada	English	http://kamloopsfoodpolicycouncil.com/wp-content/uploads/2010/04/Best-Practices-in-Urban-Agriculture2.pdf	February 2007	Free	Urban agriculture has been found to benefit communities in a number of ways. Specifically, it is seen as a critical component of sustainable community development
16	Why Copenhagen Residents Want to Live on Urban Gardens	LYNSEY GROSFIELD	Denmark	English	https://www.citylab.com/life/2016/07/colony-gardens-denmark-housing/490904/	12-lug-16	Citylab.com © 2018	Danish kolonihaver, or "colony gardens," like Nielsen's are communal groupings of leisure lots—each complete with a little cabin—that are peppered around the urban and periurban corners of the country.
17	Time to grow	Kai Kolwitz		English	https://www.smart-magazine.com/urban-gardening-city/	18-ott-16	www.smart-magazine.com ©	Sidewalks, shoulders, parking zones – sealed surfaces dominate the cityscape. Creative projects from San Francisco to Singapore prove that it's possible to turn public street space into temporary green oases. Let's discover some of the most inspiring examples.
18	Tips for Urban Gardening - Garden DIY	Catherine Elliott	USA	English	http://www.gracelinks.org/blog/6834/tips-for-urban-gardening-garden-diy	05.15.2018	© 2018 GRACE Communications Foundation	Growing Food in Small Spaces. A main component of urban gardening is taking advantage of opportunities to maximize vertical space.
19	The development of a model of community garden benefits to wellbeing more lines can be added	Victoria Egli; Melody Oliver; El-Shadan Tautolo			https://www.sciencedirect.com/science/article/pii/S2211335516300249	giu-16	Free	Community gardens contribute to community wellbeing by influencing the nutritional and social environment.

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No.	Title of the material	Author(s)	Country	Language	Link (if applicable)	Other bibliography data (date)	Terms of use*	Short description of the contents
1	Our Community Garden	n/a	Poland	EN and PL	http://www.naszogrodspoleczny.pl/en/	n/a	Free	The key element of the campaign is the all-Poland grant program, focused on creating the community garden. Neighborhood groups involved in the program, may be able to apply for various kinds of support concerning gardening matters and building the proper neighborhood dialogue. The website contains the descriptions of good practices from Poland and abroad.
2	Miasto 2077	various	Poland	Polish	http://www.miasto2077.pl/	n/a	CC BY-S.A. 3.0	E-portal about modern urban trends of different categories, including articles about urban gardening, farming, etc.
3	Garden-based Learning	Kristin Stayer	USA	English	https://www.edutopia.org/blog/garden-based-learning-kristin-stayer	March 18, 2015	"Originally published"	Schools and community gardens are living classrooms with great potential for learning. Tips for setting up the garden and what to learn in it.
4	Get Ready: Plan Your Garden	nd.	USA	English	http://www.greeneducationfoundation.org/greenthumbchallengesub/start-up-kit/get-ready-plan-your-garden	nd.	Copyright © 2015	Articles on how to start a garden.
5	Local Groups and Gardens	nd.	UK	English	https://www.gardenorganic.org.uk/local	n/a	nd.	A database of examples of community gardens in UK with the principle of growing organic plants.
6	Education for sustainability using a campus eco-garden as a learning environment	Chi Chiu Cheung	Hong Kong	English	http://www.emeraldinsight.com/doi/full/10.1108/IJSHE-10-2015-0174	Chi Chiu Cheung, Wing-Ning	CC BY 3.0	This paper aims to explore stakeholder perspectives of the role of a campus eco-garden in education for sustainability (EFS).
7	Urban Farming and Community Gardening	nd.	USA	English	https://www.nybg.org/gardens/bronx-green-up/urban-farming-community-gardening/	n/a	n/a	Bronx Green-Up, the community gardening outreach program of The New York Botanical Garden, provides horticultural education, training and technical assistance to Bronx residents, community gardeners, urban farmers, local schools and community organizations.
8	NYC Compost Project	nd.	USA	English	http://www1.nyc.gov/assets/dsny/zero-waste/residents/nyc-compost-project.shtml	n/a	n/a	The NYC Compost Project helps to reduce waste in NYC and rebuild City soils by giving New Yorkers the knowledge, skills, and opportunities they need to produce and use compost.
9	Thrive charity	n/a	UK	English	http://www.thrive.org.uk/	n/a	n/a	Hortotherapy solutions and possibilities of involvement of the society.



10	Edible Garden Project	n/d	UK	English	http://www.rbge.org.uk/education/edible-gardening-project	n/a	n/a	The Edible Gardening Project is based at the Royal Botanic Garden Edinburgh and teaches people the skills and knowledge they need to grow their own food.
11	Redbridge Institute adult learners recognised for their achievements	NSS UK	UK	English	https://ec.europa.eu/epale/en/blog/redbridge-institute-adult-learners-recognised-their-achievements	02/08/2017	Free	Article about Gardening in Mind being a part of the Learning in Mind project suite of courses, which are offered by Redbridge Institute for Adult Education. Learning in mind is a Department for Education (DfE) Community Learning mental health pilot. It aims to establish Learning in mind as one of the therapeutic pathways available to health and social care agencies in Redbridge.

more lines can be added

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URBAN GARDENING - The Urban Gardening Role in Improving of Adults' Skills and Community Growth

Project number: 2017-1-PL01-KA204-038330

Template for collecting the Resources

Partner: KCZIA for Bulgaria

No.	Title of the material	Author(s)	Country	Language	Link (if applicable)	Other bibliography data (eg. year of publication)	Terms of use*	Short description of the contents
	Sofia, Bulgaria Local Initiative	Grand Aspirations	Bulgaria	EN	http://grandaspirations.org/li/sofia-bulgaria-li/			Beehives in the city
	AUGB Students Devise a First of Its Kind Community Garden Project	Dimana Doneva	Bulgaria	EN	https://www.aubg.edu/news/aubg-students-devise-a-first-of-its-kind-community-garden-project-1035			Community Garden Project at university

projekty w USA <http://zval33.wixsite.com/builditupetn/projects>

more lines can be added

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No.	Title of the material	Author(s)	Country	Language	Link (if applicable)	Other bibliography data (€)	Terms of use*	Short description of the contents
1	Miasto 2077	various	Poland	Polish	http://www.miasto2077.pl/	n/a	CC BY-S.A. 3.0	E-portal about modern urban trends of different categories, including articles about urban gardening, farming, etc.
2	Garden-based Learning	Kristin Stayer	USA	English	https://www.edutopia.org/blog/garden-based-learning-kristin-stayer	March 18, 2015	"Originally published 2015 © Edutopia.org; George Lucas Educational Foundation"	Schools and community gardens are living classrooms with great potential for learning. Tips for setting up the garden and what to learn in it.
3	Get Ready: Plan Your Garden	nd.	USA	English	http://www.greeneducationfoundation.org/greenthumbchallengesub/start-up-kit/get-ready-plan-your-garden	nd.	Copyright © 2017 Green Education Foundation (GEF) All rights reserved.	Articles on how to start a garden.
4	Local Groups and Gardens	nd.	UK	English	https://www.gardenorganic.org.uk/local	n/a	nd.	A database of examples of community gardens in UK with the principle of growing organic plants.
5	Education for sustainability using a campus eco-garden as a learning environment	Chi Chiu Cheung	Hong Kong	English	http://www.emeraldinsight.com/doi/full/10.1108/IJSHE-10-2015-0174	Chi Chiu Cheung, Wing-N	CC BY 3.0	This paper aims to explore stakeholder perspectives of the role of a campus eco-garden in education for sustainability (EFS).
6	Ogród społeczny	nd.	Poland	Polish	https://spolecznik20.pl/projekty-sasiedzkie/8	nd.	nd.	A short article about planning the urban garden.
7	Odkryj 20 sposobów na ogród społeczny - centrum rekreacyjno-kulturowe	FUNDACJA	Poland	Polish	http://fundacjamy.com/odkryj-20-sposobow-na-ogrod-spoeczny/	2016	nd.	An article on the blog about the ideas for activities that can be done in the community gardens. Besides, the blog includes articles with examples of the urban gardens from Poland and abroad.
8	EUGO - European Urban Garden Otesha	6 partners	FR, IT, U	FR, IT, U	https://www.eugolearning.org/	2012-2013	Free	The project exchanged practices of social inclusion with the use of urban gardening. It includes e-learning portal with the course on how to develop urban gardens.
9	Urban Farming and Community Gardening	nd.	USA	English	https://www.nybg.org/gardens/bronx-green-up/urban-farming-community-gardening/	n/a	n/a	Bronx Green-Up, the community gardening outreach program of The New York Botanical Garden, provides horticultural education, training and technical assistance to Bronx residents, community gardeners, urban farmers, local schools and community organizations.
10	NYC Compost Project	nd.	USA	English	https://www1.nyc.gov/assets/dsny/site/our-work/reduce-reuse-recycle/community-composting	n/a	n/a	The NYC Compost Project helps to reduce waste in NYC and rebuild City soils by giving New Yorkers the knowledge, skills, and opportunities they need to produce and use compost.
11	Thrive charity	n/a	UK	English	http://www.thrive.org.uk/	n/a	n/a	Hortotherapy solutions and possibilities of involvement of the society.
12	Our Community Garden	n/a	Poland	EN and P	https://docplayer.pl/7752080-Inauguracja-programu-nasz-ogrod-spoeczny.html	Previously on the website http://naszogradspoleczny.pl/ , currently the initiative is ended.	Free	A description of the no longer existing all-Poland grant program, focused on creating the community garden.



13	Boom Time for Urban Farming	Tracie McMillan	USA	English	https://www.nationalgeographic.com/people-and-culture/food/the-plate/2016/05/usda-recognizes-urban-growers-as-farmers-not-hobbyists/	MAY 27, 2016		As more urban farms move towards commercial production, the U.S Department of Agriculture looks for ways to help them grow
14	Five Reasons To Promote Urban Agriculture in Your City	Paul Konz	USA	English	https://cityspeak.org/2015/05/07/five-reasons-why-you-should-be-promoting-urban-agriculture-in-your-city/	May 7, 2015		Ideas Why to promote the urban gardens
15	Urban Agriculture: A Literature Review	States Department of Agriculture, Alternative Farming Systems Information	Beltsville,	English	https://communitywealth.org/content/urban-agriculture-literature-review	Autumn 2006		A review of the academic literature and research that focus on the global phenomena of crop cultivation, livestock propagation and food product distribution in the urban context.
16	Urban Agriculture Tool Kit	United States Department of Agriculture	USA	English	https://www.usda.gov/sites/default/files/documents/urban-agriculture-toolkit.pdf	February 2016		The toolkit lays out the common operational elements that most urban farmers must consider as they start up or grow their operations. It also contains a special section on resources for developing indoor growing operations, such as aquaponic facilities.
17	Urban Grower's Manual	Amanda Cather	Lincoln and Roxbury, Massachusetts	English	http://thefoodproject.org/sites/default/files/FoodProject_UrbanAgManual.pdf	November 2003	Copyright 2008 by The Food Project, Inc. All rights reserved. No part of this book may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording, or by any information storage and retrieval system without the written permission of the publisher, The Food Project, Inc., except where permitted by law.	The manual will help you manage the three food lots effectively while engaging the groups of youth, community members and volunteers served by The Food Project in meaningful, productive work. It will introduce you to the depth and complexity of your task while providing some basic principles of farm systems and community relations.
18	Urban Farming guidebook	Real Estate Foundation of BC	City of Campbell River Canada	English	http://www.refbc.com/sites/default/files/Urban-Farming-Guidebook-2013.pdf	2013		Urban Farming Guidebook is written to help planners, engineers, and administrators from small and large communities to gain a better understanding of the potential, pitfalls, and best practices for growing, potentially raising, and selling food within town boundaries. Strategies and approaches outlined in this Guidebook provide local governments with tools to proactively plan for urban farming. This resource has been developed in collaboration and consultation with urban farmers, municipal staff, academics, and advocates.



19	Urban Farm Business Plan	US EPA	Chicago	English	https://www.epa.gov/sites/production/files/2015-10/documents/1.urban_farm_business_plan_handbook_091511_508.pdf	September 2011	All areas are approximate. Any reliance upon this material shall be without any liability or obligation on the part of Vita Nuova LLC, SRA International, or the U.S. EPA.	The Urban Farm Business Plan Handbook (this document) provides guidance for developing a business plan for the startup and operation of an urban farm. It focuses on food and non-food related cultivated agriculture. The information provided is applicable regardless of whether the farm is to be operated as a non-profit or for-profit business.
20	Le jardin dans tous ses états / Garden in all his states		FR	FR	http://jardins-partage.org	2012		This site is managed by a group of ten regional, associative and cooperative structures. This network is an interlocutor recognized by the various official bodies, the source of many publications, training courses and
21	AGIR POUR LES AGRICULTEURS DES AIREES URBAINES /Acting for agricultur in urban areas	Plante&cit�	FR	FR	https://www.plante-et-cite.fr	2017		The purpose of this guide is to characterize by example and the sharing of experiences what can be included in agriculture in urban areas to give keys to understanding and action at different territorial levels: from the fundamentals of the local project to the implementation of public policies for sustainable actions.
22	Jardins partag�s : utopie, �cologie, conseils pratiques	Fr�d�rique Basset, Laurence Baudelet, Alice Le Roy	FR	FR	http://www.jardins-ensemble.org			This book offers a national overview of shared gardens, ten years after the launch of the movement in France.
23	Etude exploratoire de l'impact des jardins partag�s sur la coh�sion sociale	Pascal ANDRE, Sophie RIGONDAUD	FR	FR	http://www.pleinseins.fr/sites/default/files/documents/Etude-Plein-Sens-jardins%20partage-s-et-cohesion-sociale_1.pdf	2014		Exploratory study of the impact of shared gardens on social cohesion. Investigation into the impacts of shared gardens on social cohesion - Analysis of findings.
24	Les jardins partag�s : interface entre nature et soci�t� / shared gardens: interface between nature and society	Josselin ROUHIER	FR	FR		2016		This thesis presents the Toulouse shared garden "garden of the mini M": how can we create a shared garden to respond to the following question: how are shared gardens vectors of social ties?
25	Le jardin des possibles / the garden of possibilities	collectif r�seau �cole et nature	FR	FR	http://reseauecole.net/nature.org/system/files/livret_jdp-web_0.pdf	2010 - 2017	CC	Toolkit for the projects of shared gardens. It specifies the key stages of a project set-up. 3 sets of reference sheets: methodological, pedagogical and ecological
26	Urban Gardeners' Motivations in a Metropolitan City: The Case of Milan	Department of Agricultural and Environmental Science, University of Milan,	Italy	EN	www.mdpi.com/2071-1050/8/11/1099/pdf	2016	Free	The paper aims to detect some peculiar features of Milan city gardeners, in order to highlight the motivations of their activity through an innovative and replicable approach based on multiple correspondence analysis (MCA) and hierarchical clustering analysis (HCA).
27	Community Gardens	Vanessa N Lee	USA	EN	http://depts.washington.edu/open2100/pdf/2_OpenSpaceTypes/Open_Space_Types/cgarden_typology.pdf	1992	Free	Definition and key terms related to urban and community gardens.
28	Urban Gardening in European Cities - Urban Allotment Gardens	University of Salzburg, Department of Geography (Urban and Landscape Ecology)	UK	EN	http://www.urbanallotments.eu/fileadmin/uaq/media/STSM/Short_Report_STSM_2014_PLESCHBERGER.pdf	2014	Free	The study shows the locations of urban gardens in UK and how important various motives are to practice urban community gardening and which motives are the most relevant ones.

29	Urban gardens provide many ecosystem services to Barcelona residents	European Commission	EU	EN	http://ec.europa.eu/environment/integration/research/newsalert/pdf/urban_gardens_provide_ess_barcelona_residents_467na2_en.pdf	2016	Free	Urban gardeners in Barcelona, Spain, identified 20 ecosystem service benefits, from pollination to environmental learning, in a recent study. Cultural ecosystem services — mainly related to the opportunity for residents to interact with nature — were the most common and highly valued of the ecosystem services identified.
30	HOW TO DEVELOP URBAN GARDENS AS LEARNING SPACES?	COST (European Cooperation in Science and Technology)	EU	EN	http://www.kolonihager.no/uploads/5/4/7/4/54746459/07_how_to_develop_urban_gardens_as_learning_spaces.pdf	2016	Free	This factsheet provides information for allotment and community gardeners about how to support learning processes and facilitate the dissemination of skills and knowledge between gardeners.
31	Sustainable Community Gardening in cities - Hortis	Hortis – Horticulture in towns for inclusion and socialisation	EU	EN	http://www.hortis-europe.net/files/documenti/inglese/final-e-books/hortisebook1en.pdf	2012	Free	Covering different topics such as Sustainable Community Gardening in Cities (e-book 1), Sustainable Urban Garden Management (e-book 2), Urban Garden Cultivation Systems (e-book 3), Simplified Soilless Systems for Urban Vegetable Production (e-book 4) and Zero km Agriculture: An urban consumer's manual (e-book 5)
32	How to use urban garden as a tool for youth work	CESIE	Italy	EN	http://cesie.org/media/oe-place.pdf	2016	Free	The booklet targets young worker and organisation dealing with youth and eager to use urban gardening as an educational tool.
33	6 Urban Garden Projects That Will Blow Your Mind	Daily Planet	Global	EN	https://dailyplanet.climate-kic.org/6-urban-garden-projects-that-will-blow-your-mind/	2016	Free	An article about urban garden projects that are not to be missed: from secret rooftop gardens to smart trees that suck up air pollution.
34	REUSING POTENTIALLY CONTAMINATED LANDSCAPES: Growing Gardens in Urban Soils	EPA - United States Environmental Protection Agency	USA	EN	https://www.epa.gov/sites/production/files/2014-03/documents/urban_gardening_fact_sheet.pdf	2011	Free	Providing communities and individuals with general urban gardening information about: Common contaminants that can be found in urban soil; Ways to identify contaminants and reduce exposure; Improving soils and growing plants in mildly contaminated soil; Additional resources and technical assistance.
35	Tales from Urban Forests	American Forests	USA	EN	http://www.talesfromurbanforests.org/	Ongoing	Free	Tales from Urban Forests, a radio documentary series, explores the critical role trees play in the vitality of cities and their residents. The highlights local issues that are relevant to every community — from environmental and economic, to health and quality of life.
36	American Community Gardening Association		USA	English	https://communitygarden.org			Useful informations about community gardening and gardening events
37	Growing Urban Agriculture	Allison Hagey, Solana Rice, Rebecca Flournoy	USA	English	https://www.policylink.org/sites/default/files/URBAN_AG_FULLREPORT.PDF			A good research about growing agriculture gardens and shows how helps to people and world
38	Community Gardens: Lessons Learned From California Healthy Cities and Communities	Joan Twiss et al.	USA	English	http://ajph.aphapublications.org/doi/pdf/10.2105/AJPH.93.9.1435			This study shows how community gardening help strengthening community skills.

39	The benefits of gardening and food growing for health and wellbeing	Professor Tim Lang	UK	English	http://www.farmtoafeteriacanada.ca/wp-content/uploads/2014/06/GrowingHealth_BenefitsReport.pdf			Really nice study about benefits of the gardening to adults' health and wealth
40	An Exploration of the Potential Benefits of Healing Gardens on Veterans with PTSD	Michael L. Timmons	USA	English	https://digitalcommons.usu.edu/graduatereports/50/			This study was to describe some of the potential benefits that healing gardens could have on veterans suffering from PTSD.
41	Digging for the roots of urban gardening behaviours	Olivia Lewis, Robert Home, Thanas Kizos	Switzerland, Greece	English	https://www.sciencedirect.com/science/article/pii/S1618866717303783	2018		Impact of urban gardens
42	Why farm the city? Theorizing urban agriculture through a lens of metabolic rift	Nathan McClintock	USA	English	https://www.researchgate.net/publication/227464572	2010		Urban gardening and relevant policy
43	Urban agriculture, racial capitalism, and resistance in the settler-colonial city	Nathan McClintock	USA	English	https://www.researchgate.net/publication/325316431_Urban_agriculture_racial_capitalism_and_resistance_in_the_settler-colonial_city	2018		Urban gardening and economy
44	Rooftop Plant Production Systems in Urban Areas (Chapter 6)	Nadia Sabeh	USA	English	https://www.sciencedirect.com/science/article/pii/B9780128017753000068	2016		Rooftop Plant Production Systems in Urban Areas
45	Small but powerful: The importance of French community gardens for residents	Ana Cristina Torres, Anne-Caroline Prévot, Sophie Nadot	France	English	https://www.sciencedirect.com/science/article/pii/S0169204618307382	2018		Benefits of urban gardens
46	Urban agriculture: opportunities and constraints	K. Ackerman	USA	English	https://www.sciencedirect.com/science/article/pii/B9780857090461500072	2012		Opportunities and constraints
47	Urban ecology	Sandy Halliday	USA	English	https://www.sciencedirect.com/science/article/pii/B9780750663946500199	2008		Urban ecology
48	Civic greening and environmental learning in public-access community gardens in Berlin	Pim Bendt, Stephan Barthel, Johan Colding	Germany	English	https://www.sciencedirect.com/science/article/pii/S0169204612002745	2013		Environmental learning
49	Therapeutic Landscapes	Clare Cooper Marcus	USA	English	https://www.sciencedirect.com/science/article/pii/B9780128114810000159	2018		Urban gardening and its effect on health
50	Residential landscapes—Garden design, urban planning and social formation in Belgium	Bruno Notteboom	Belgium	English	https://www.sciencedirect.com/science/article/pii/S1618866716304137	2018		Urban planning